



asc
training and
development

The New Era: How mental health impacts performance

How can organisations and managers support individual performance when a psychological injury, emotional breakdown, mental illness or some form of trauma has occurred?

Duration

1 Day

Format

Face to Face

Description

This one day event highlights how organisations and managers can become more equipped to manage employees who have experienced a psychological injury, a traumatic event or some other form of emotional breakdown. With leading subject experts, participants will walk away with a sound understanding on

- What the legal context is surrounding mental health and performance?
- How to deal with individual performance when the root cause is associated with a psychological injury or episode?
- How to spot and work with an individual who has been exposed to a trauma?
- How to have difficult performance discussions when underlying sensitivities such as mental health exist?

In addition, this event will focus on how to address mental and emotional wellbeing in a multi-generational workforce. In particular, how to work with individuals who are uncomfortable talking about their own mental health will be addressed.

Registration

Click [here](http://bit.ly/1EPwWD2) to register, or direct your browser to <http://bit.ly/1EPwWD2>

Format

We have assembled a team of subject experts who specialise in assisting individuals and employers to improve work performance where mental health issues exist.

Our speakers include

- Jane Abdilla, *Welfare Coordinator*, SAFECOM
- Luke Broomhill & Samantha Young, *Directors*, Broomhall Young Psychology
- Kathryn McEwen, *Director Organisational Psychologist and Executive Coach*, Psychology at Work
- Will Snow, *Senior Associate*, Finlaysons Lawyers
- Alex Dickinson, *Learning & Development Consultant* ASC Training & Development

Investment

\$440 (inc GST)

10% discount for SISA members (\$396 inc GST)

Inclusions:

- refreshments, morning tea & lunch
- course learning materials

Date & Training Venue

Wednesday, 11 November 2015

ASC Training & Development
Level 4, 144 North Terrace (My Budget Building)
Adelaide SA 5000

For more information, contact:

(08) 8410 2627

www.asctraining.com.au



Jane Abdilla

Jane is currently the Welfare Coordinator with SAFECOM – SA Fire and Emergency Services Commission, and assists in providing the corporate services to the SA Country Fire Service, SA State Emergency Service and the Metropolitan Fire Service. For the past five years Jane's role has involved managing the welfare of staff and approximately 17,000 volunteers across the state, and also managing the Employee Assistance Program for staff and the Stress Prevention & Management (SPAM) program for volunteers. Jane has a background in Social Work, family and trauma counselling and consulting and has worked with organisations and Employee Assistance Programs since 1991. Jane also coordinates and manages a Volunteer Peer Support Program for the CFS and the SES. Jane has a Masters Social Science (Counselling).

Luke Broomhall

Luke is a registered psychologist with over 15 years experience in forensic psychology and organisational consulting. Luke has conducted personality profiling assessments in high profile criminal matters in South Australia and provides expert medico-legal opinion in criminal matters at all levels of court in South Australia. His opinion is regularly sought in legal circles when examining the impact of mental health problems in criminal behaviour. Luke has a particular interest in managing personality disorders in the workplace (or 'corporate psychopathy'), developing individual skills for success in management and group training in managing mental health in the workplace.

Luke presents a regular Psychology segment on 891 ABC Adelaide Drive Program



Samantha Young

Samantha brings a unique combination of senior management and commercial experience, psychological intervention skills and Masters-level formal education in both business and psychology to her clinical and coaching work. Samantha has worked with employees and executives across a range of issues including career enhancement, skills development, management of difficult organisational issues and building personal effectiveness and efficiency.

She is passionate about improving employee wellbeing and workplace productivity through coaching and training executives and leadership teams. Sam is presents a regular Psychology segment on 891 ABC Adelaide Drive program.



Kathryn McEwen

Kathryn McEwen is an organisational psychologist and managing director of Working With Resilience. A vast experience in working with leaders, teams and organisations saw her elected to a Fellow of the Australian Psychological Society in 2014. Kathryn has particular expertise in assisting managers and teams with complex and challenging people issues and in how to sustain both performance and psychological well-being in demanding jobs. She has a strong evidence-base in her work through associations with University of South Australia and through her own applied research.



Will Snow

Will has significant experience in workplace relations, in the large and industrially complex workforces of Qantas Airways and Rail Corporation NSW.

Will's principal areas of practice are employment, discrimination, WHS and workers compensation. He has particular expertise in responding rapidly to uncertain risk situations, including safety incidents and fatalities, unprotected industrial action and instances of serious misconduct, bullying and fraud.



Alex Dickinson

Alex moved from the UK to Adelaide in 2012. She has worked in the travel, not for profit and defence sector over a 10 year span, specialising in learning and development. She has worked as a skilled instructional designer, facilitator, consultant and internal learning and development manager and was heavily involved in 3 national change programs whilst in the UK. She has successfully carved a career in leadership and management development, change management and organisation development.

